Food Bank of the Albemarle -Talking Points

The Food Bank of the Albemarle:

1. Is a 501 (C)(3) non-profit organization.
2. Is based out of Elizabeth City NC -its service area covers fifteen counties including Beaufort, Bertie, Camden, Chowan, Currituck, Dare, Gates, Hertford, Hyde, Martin, Northampton, Pasquotank, Perquimans, Tyrell and Washington Counties.
3. Provides emergency food assistance to people in need.
4. Provides food to over 100 non-profit agencies including food pantries, soup kitchens, mobile food pantries, summer and afterschool programs, adult and children daycare centers and shelters.
5. Receives assistance from Federal and State funds. The majority of funding comes from local grants, businesses and individual donors.
6. Is very proud of the services provided and welcomes the opportunity to give people a tour of the facilities.

Hunger in our communities:
1. 16% of residents in northeast North Carolina are considered food insecure—that's **48,010 people**
2. 1 in 4 **children (15,170)** in our area do not have access to a reliable source of nutritional food.
3. Childhood hunger can have permanent effects on children. Mental and physical development can be stunted and children may not be able to perform in school.
4. Food insecure households include those without access to food, have limited amounts of food or are not sure where their next meal will come from.

How to help:
1. Donate food. All food donated feeds hungry people in northeastern North Carolina. You're welcome to donate individually, participate in a food drive or create your own food drive.
2. Donate money. For every dollar donated to the Food Bank of the Albemarle we will be able to provide five pounds of food or approximately 4 meals to people in our community.
3. Volunteer. We are always in need of assistance. Volunteers help in the food pantry, warehouse or in our administrative offices.
4. Please visit our website at www.afoodbank.org for volunteer opportunities and to learn more about the Food Bank of the Albemarle.