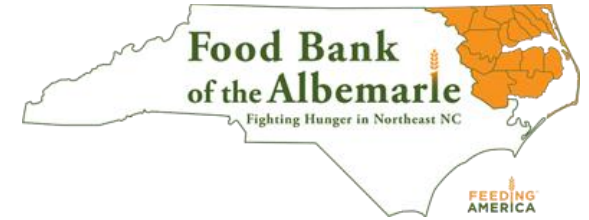


Do you need food? Beaufort County



Available Programs To qualify for the programs listed below your <u>gross</u> monthly income must be equal to or less than the amounts listed ; based on household size.	Household size: 1	Household size: 2	Household size: 3	Household size: 4	Household size: 5	Additional household members
SNAP/Food Stamps Contact: Vikki Smith (252) 312-5449	\$1,473	\$1,984	\$2,495	\$3,007	\$3,518	Add \$512 for each household member +1
Senior Food Boxes (CSFP) 60+ Contact: Jenny Thompson (252) 333-8169	\$1,580	\$2,137	\$2,694	\$3,250	\$3,807	Add \$557 for each additional household member MUST BE SIGNED UP FOR SENIOR BOX
WIC (for families with children under 6 months)						
Free School Lunch: LunchApplication.com	\$1,473	\$1,984	\$2,495	\$3,007	\$3,518	Add \$512 for each additional household member
Reduced Lunch:	\$2,096	\$2,823	\$3,551	\$4,279	\$5,006	

Resource navigation: NC 211 – Dial 211 from anywhere in North Carolina to be connected with a resource navigator. Translation services available.

Health Department: (252) 946-1902

Pantry Name	Distribution Days	Who can get food?	Pantry Name	Distribution Days	Who can get food?
Community Assistance Rural Empowerment (CARE) St. John Disciples of Christ 2283 St. John Church Road, Washington 252-975-4723	4th Saturday of every month 10am- 11 am & Wednesdays 5pm-6pm In Emergency, call the office.	Beaufort Co. Residents	Word of Life Food Pantry 4449 Market St. Ext. N, Washington 252-975-1977	Wednesdays 10am-1pm 2nd Saturday 9-10:30am In Emergency, call the office.	Beaufort Co. Residents
Citizens on Southside Together (COST) 17501 Hwy 33 East 252-322-1052	Tuesdays & Thursdays 9:00 am - 12:00 pm	Beaufort Co. Residents	Mother of Mercy Food Pantry 112 W. 9th St., Washington 252-495-8255	Wednesdays 9am-12pm Utility assistance applications from 9am-10am	Beaufort Co. Residents
Eagles Wings 932 West 3rd St, Washington, NC 27889 252-975-1138	Tuesdays 9:00 am-11:00 am & 2:00 pm - 4:00 pm	Beaufort Co. Residents	First Church of Christ Mobile Food Pantry 520 E. 10th St., Washington	2nd Saturday of every month 11:00 a.m. – 12:30 p.m.	Beaufort Co. Residents
Mobile Food Pantry Eagles Wings - Snowden 693 7 th Street, Aurora, NC 27806 252-975-1138	3 rd Saturdays each month; 9:30am-10:30am	Beaufort Co. Residents	Mobile Food Pantry Manna Ministries 35 Delia Wallace Road, Bath	1 st Saturday of every month 10am-12pm	Everyone
Mobile food Pantry Eagles Wings-Haw Branch 1501 Haw Branch Road, Chocowinity, NC 27817 252-975-1138	3 rd Saturday of each month 11:45am-12:30pm	Beaufort Co. Residents	Bread of Life St. Johns Missionary Baptist Church 953 Main St, Aurora 252-322-7289	First Saturday 9:00 am-12:00 pm	Beaufort Co. Residents
Mt. Gilead Pentecostal Church 182 W. Pantego St, Belhaven	Mon & Thurs 11:00 am - 3:00 pm	Beaufort Co. Residents	Macedonia Church of Christ 1668 Swamp Road, Pantego 252-944-6396	1 st Wednesday 9:00am-11am	Beaufort Co. Residents
Martha's Project 1014 Hwy 264 East, Belhaven	4th Monday 8:00 am-9:30 am May drop by for emergencies	Beaufort Co. Residents	Salvation Army of Washington 112 E 7th St, Washington 252-946-5373	Monday-Thursday 12pm-3pm by appointment only	Beaufort Co. Residents
CSFP Eagles Wings 932 West 3rd St., Washington, NC 27889	Wednesdays 9am-2pm/Tuesdays 9am-11am/Third Thursday 8:00am-8:30am	Seniors 60+ Must be signed up for senior box	Mobile Food Pantry Pantego 150 Swamp Rd., Pantego, NC 252-944-6396	1 st Wednesday of every month 11am-1pm	Beaufort Co. Residents
*Dates and times may be subject to change, for questions, call FBA at (252) 335-4035			Union Grove Church of Christ Food Pantry 6889 NC HWY 99 N, Pantego, NC	3 rd Tuesday of every month 11am-1pm	Beaufort Co. Residents