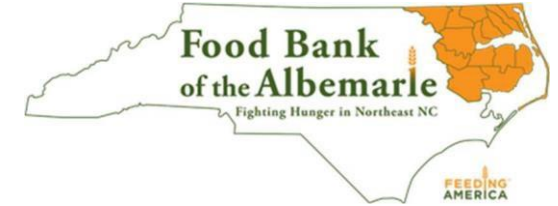


# Do you need food? Dare County



Available Programs To qualify for the programs listed below your <u>gross</u> monthly income <b>must be equal to or less than the amounts listed</b> ; based on household size.	Household size: <b>1</b>	Household size: <b>2</b>	Household size: <b>3</b>	Household size: <b>4</b>	Household size: <b>5</b>	Additional household members
<b>SNAP/Food Stamps</b> <b>Contact:</b> Vikki Smith (252) 312-5449 <a href="mailto:vsmith@foodbank.org">vsmith@foodbank.org</a>	\$1,473	\$1,984	\$2,495	\$3,007	\$3,518	Add <b>\$512</b> for each household member +1
<b>Senior Food Boxes (CSFP) 60+</b> <b>Contact:</b> Jenny Thompson (252) 333-8169 <a href="mailto:jthompson@foodbank.org">jthompson@foodbank.org</a>	\$1,580	\$2,137	\$2,694	\$3,250	\$3,807	Add \$557 for each additional household member MUST BE SIGNED UP FOR SENIOR BOX
<b>WIC</b> (for families with children under 6 months)  <b>Free/Reduced School Lunch:</b> <a href="http://LunchApplication.com">LunchApplication.com</a>	\$1,473	\$1,984	\$2,495	\$3,007	\$3,518	Add \$512 for each additional household member

Resource navigation: NC 211 – Dial 211 from anywhere in North Carolina to be connected with a resource navigator. Translation services available

Health Department (252) 475-5003

<b>Pantry Name</b>	<b>Distribution Days</b>	<b>Who can get food</b>	<b>Pantry Name</b>	<b>Distribution Days</b>	<b>Who can get food</b>
<b>Beach Food Pantry</b> 4007 North Croatan Highway, Kitty Hawk, NC 27949 252-261-2756	Monday - Friday 2pm-4pm  (Sign up for services to be alerted to pop-up produce stands and other services)	Must live in Dare County, by appointment	<b>Mt. Olivet United Methodist Church Roanoke Island Food Pantry</b> 300 Ananias Dare St, Manteo, NC 27954 252-473-2089	Monday through Friday, 9 am- 11am	Everyone
<b>Mobile Food Pantry of Dare County TEFAP</b> 406 North Highway 64, Manteo, NC 27954	2 <sup>nd</sup> Thursday of every month 1:30 p.m. – 3:15 p.m.	Everyone	<b>Mobile Food Pantry Colington</b> First Flight School 107 Veterans Drive, Kill Devil Hills, NC 2948	2 <sup>nd</sup> Thursday of every month 5:00 p.m. – 6:30 p.m.	Everyone
<b>Mobile Food Pantry of Manns Harbor</b> 6658 West Hwy 64, Manns Harbor, NC 27953	2 <sup>nd</sup> Thursday of every month 10:45am	Everyone	<b>Food for Thought</b> Contact school social worker	Weekend Backpack Program	For Children on Holidays and Weekends
<b>Cape Hatteras United Methodist Men</b> 48221 Buxton Back Road, Buxton/Hatteras, NC 27920	By appointment on weekdays or weekends for emergency needs.	Referred by social services	<b>Mobile Food Pantry Community Care Clinic of Dare County</b> 425 Health Center Drive, Nags Head	1 <sup>st</sup> and 3 <sup>rd</sup> Monday of every month, 1:00pm – 2:30pm	Everyone
<b>Mobile Food Pantry OBX Family YMCA</b> 300 S Croatan Hwy., Nags Head, NC 27959	4 <sup>th</sup> Wednesday of every month, 10:00am – 12:00pm	Everyone			