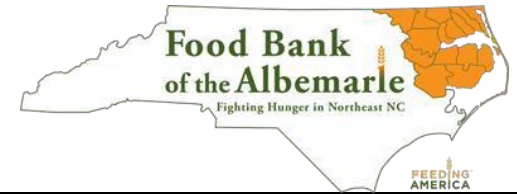


Do you need food?

Washington County



Available Programs To qualify for the programs listed below your <u>gross</u> monthly income must be equal to or less than the amounts listed ; based on household size.	Household size: 1	Household size: 2	Household size: 3	Household size: 4	Household size: 5	Additional household members
SNAP/Food Stamps Contact: Vikki Smith (252) 312-5449	\$1,473	\$1,984	\$2,495	\$3,007	\$3,518	Add \$512 for each household member +1
Senior Food Boxes (CSFP) 60+ Call: Jenny Thompson (252) 333-8169	\$1,580	\$2,137	\$2,694	\$3,250	\$3,807	MUST BE SIGNED UP FOR SENIOR BOX
WIC (for families with children under 6 months) 1-800-367-2229	\$1,473	\$1,984	\$2,495	\$3,007	\$3,518	
School Lunch: No application required, all children receive free lunch	\$2,096	\$2,823	\$3,551	\$4,279	\$5,006	Call school district for more info: 252-793-5171 x 1105

Resource navigation: NC 211 – Dial 211 from anywhere in North Carolina to be connected to a resource navigator. Translation services available.
Health Department: (252) 793-3023

Pantry Name	Distribution Days	Who can get food?	Pantry Name	Distribution Days	Who can get food?
MFP Roper 101 June St Roper, NC 27970	As needed	Residents of Washington Co.	United Full Gospel Revival Center 105 E Main St. Plymouth, NC 27962	3 rd Saturday of each month 10:00am – 2:00pm	Residents of Washington Co.
MFP Washington 11424 Newland Road Creswell, NC 27928	4 th Tuesday of every month 2:00 p.m. – 3:30 p.m.	Residents of Washington Co.	Plymouth Food Pantry 811 Washington St. Plymouth, NC 27962	1 st Tuesday of every month 9:00am - 11:00am	Residents of Washington Co.
CSFP Roanoke Development Center 609 Adams Street Plymouth, NC 27962	Monday before the 2 nd Tuesday of every month 8:00am – 5:00pm	Seniors			

Dates and times may be subject to change, for questions, call FBA at (252) 335-4035