

Do you need food? Dare County



Available Programs To qualify for the programs listed below your <u>gross</u> monthly income must be equal to or less than the amounts listed ; based on household size.	Household size: 1	Household size: 2	Household size: 3	Household size: 4	Household size: 5	Additional household members
SNAP/Food Stamps Contact: Vikki Smith (252) 312-5449	\$1,473	\$1,984	\$2,495	\$3,007	\$3,518	Add \$512 for each household member +1
Senior Food Boxes (CSFP) 60+ Contact: Jenny Thompson (252) 333-8169	\$1,580	\$2,137	\$2,694	\$3,250	\$3,807	Add \$557 for each additional household member MUST BE SIGNED UP FOR SENIOR BOX
WIC (for families with children under 6 months)	\$1,473	\$1,984	\$2,495	\$3,007	\$3,518	Add \$512 for each additional household member
Free/Reduced School Lunch: LunchApplication.com	\$2,096	\$2,823	\$3,551	\$4,279	\$5,006	

Resource navigation: NC 211 – Dial 211 from anywhere in North Carolina to be connected with a resource navigator. Translation services available

Health Department (252) 475-5003

Pantry Name	Distribution Days	Who can get food	Pantry Name	Distribution Days	Who can get food
Beach Food Pantry 4007 North Croatan Highway, Kitty Hawk 252-261-2756	Monday - Friday 2pm-4pm (Sign up for services to be alerted to pop-up produce stands and other services)	Must live in Dare County, by appointment	Mt. Olivet United Methodist Church Roanoke Island Food Pantry 300 Ananias Dare St, Manteo 252-473-2089	Monday through Friday, 9 am- 11am	Everyone
Mobile Food Pantry of Dare County TEFAP 406 North Highway 64, Manteo	2 nd Thursday of every month 1:30 p.m. – 3:15 p.m.	Everyone	Mobile Food Pantry Colington First Flight School 107 Veterans Drive, Kill Devil Hills	2 nd Thursday of every month 5:00 p.m. – 6:30 p.m.	Everyone
Mobile Food Pantry of Manns Harbor 6658 West Hwy 64, Manns Harbor	2 nd Thursday of every month 10:45am	Everyone	Food for Thought Contact school social worker		For Children on Holidays and Weekends
Cape Hatteras United Methodist Men 48221 Buxton Back Road, Buxton/Hatteras	By appointment on weekdays or weekends for emergency needs	Referred by social services			