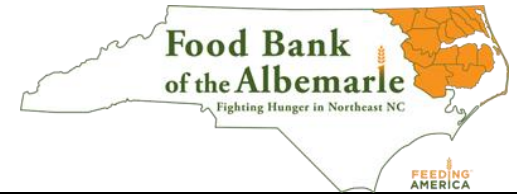


Do you need food?

Washington County



| Available Programs To qualify for the programs listed below your <u>gross</u> monthly income must be equal to or less than the amounts listed ; based on household size. | Household size: 1 | Household size: 2 | Household size: 3 | Household size: 4 | Household size: 5 | Additional household members |
|---|--------------------------|--------------------------|--------------------------|--------------------------|--------------------------|--|
| SNAP/Food Stamps Contact: Vikki Smith (252) 312-5449 | \$1,473 | \$1,984 | \$2,495 | \$3,007 | \$3,518 | Add \$512 for each household member +1 |
| Senior Food Boxes (CSFP) 60+ Call: Jenny Thompson (252) 333-8169 | \$1,580 | \$2,137 | \$2,694 | \$3,250 | \$3,807 | MUST BE SIGNED UP FOR SENIOR BOX |
| WIC (for families with children under 6 months) 1-800-367-2229 | \$1,473 | \$1,984 | \$2,495 | \$3,007 | \$3,518 | Call school district for more info: 252-793-5171 x 1105 |
| School Lunch: No application required, all children receive free lunch | \$2,096 | \$2,823 | \$3,551 | \$4,279 | \$5,006 | |
| | | | | | | |

Resource navigation: NC 211 – Dial 211 from anywhere in North Carolina to be connected to a resource navigator. Translation services available.

Health Department: (252) 793-3023

| Pantry Name | Distribution Days | Who can get food? | Pantry Name | Distribution Days | Who can get food? |
|--|--|-----------------------------|--|---------------------------------|-----------------------------|
| MFP Roper 101 June St Roper | | Residents of Washington Co. | United Full Gospel Revival Center 105 E Main St. Plymouth | 3rd Saturday of each month | Residents of Washington Co. |
| MFP Washington 11424 Newland Road Creswell, NC | 4 th Tuesday of every month | Residents of Washington Co. | Plymouth Food Pantry 811 Washington St. | First Tuesday 9:00AM-11:00AM | Residents of Washington Co. |
| CSFP Washington 609 Adams Street Plymouth, NC 27962 | Jenny Thompson (252) 333-8169 | Seniors | | | |

Dates and times may be subject to change, for questions, call FBA at (252) 335-4035